

---

## Seeking a volunteer !

### « Support cultural and youth actions in association »

#### Volunteering project in France

#### May 2023 – December 2023

The **Epi de Mains association** is a little structure based on the south of France in an area of mountains call "Les Cévennes". This area well known for is beauty and is wilderness, it is the paradise for people who like to walk and sport as climbing or kayak. If you like countryside, nature, mountains, river and sun, you will love the Cévennes.

The association would like to host a volunteer for a project of **8 months** at Espinas in Ventalon en Cevennes, **from May to December**. The volunteer will take part in the activities of the association to inform citizens of our department Lozere and surroundings about current events and projects about **Cultural, Solidarity, Youth** and more specifically about programs for young people.

The aim of the project is to **facilitate intercultural exchanges** between the volunteers and the local community. As an important social association in support of youth projects, its activities will be to promote this service and to create and run workshops for young people. You will have also the opportunity to participate like an animator at the youth exchange organised for this Summer 2023 in Lozere ! This projects is about an audiovisuel project based on a hike, in Lozere mountains for 2 weeks with spain and italian partners. Most of the volunteer's activities will be related to European youth work and social work !

#### **Main tasks of the volunteer:**

- Animation of the social networks of the Epi de Mains association and updating of our website
- Assistance in the preparation of spring-summer-autumn events at Espinas
- Take part in the coordinating youth project (communication, workshops, poster, information meetings, logistic, etc.)
- Coordinating groups of youngsters for the youth exchange project (summer 2023): the Stevenson Trail (project sheet available for more information)
- Organization of intercultural and linguistic evenings with the young local community (Animation of English workshops with non-formal education tools...)
- Facilitate intercultural exchanges with local community : environment, social, solidarity...

Furthermore, the volunteer will have the possibility to make tasks according to his capacities and personal affinities. A time dedicated to the elaboration of his personal project, important part of the volunteering, will be offered to him with the support and the expertise of Epi de Mains association team.

### **Volunteer profile sought:**

The Epi de Mains association wishes to have a European volunteer in its team in order to bring additional skills, and a European openness, in particular to the local community that we receive in our structure. A youth dynamism is already active with the reception of civic services within the association. The offer of summer youth activities (international camp and youth exchange) greatly arouses the interest and enthusiasm of the young people of our territory. European information and interest are more credible if they are made by young people from other European countries who believe in the European Union and who have a strong motivation to take part in the programs that are offered. Candidates must have basic knowledge of French preferably.

Their motivation, their ability to bring enthusiasm during their interventions, especially with young people and their understanding of pedagogy and contact will be important criteria. Taking initiatives and coming up with new ideas will be highly appreciated. It must be flexible, mobile and able to adapt to each specific situation and each type of audience. He must have a international driver's license.

### **Description of the volunteering:**

Aimed to encourage the mobility and the implication of the young people from 18 to 30 years old, the volunteering helps to serve a non-profit organization or to a public body for general interest. Fully funded by the European Solidarity Corps program (except for a part of the journey if necessary), the stay is totally free of charge for the volunteer.

### **Accommodations and practicalities:**

The volunteer's working time will be a maximum of 30 hours per week. The working time of the Epi de Mains association is flexible and must be adapted to events (activities and events often at weekends). In this case, the volunteer will have more free time during the week. His vacation plans should be arranged with his tutor at least two weeks in advance. Accommodation will be provided with the volunteer as several roaming possibilities can be offered. The volunteer will occasionally have to travel for his activities with the association, and this will be paid for by the association. The structure is located in the mountains and at high altitude (910m), and far from all amenities. Transport will be expected and carpooling to be set up with the local community. The volunteer will have to plan accordingly to the climate (heat, heavy rains), the equipment adapted to the seasons. The volunteer will receive a monthly allowance of 184 euros.

### **Contact details:**

European mobility project manager: Marie-Charlotte Cotiche

Name of the organization	Association Epi de Mains
Address	Le Relais de l'Espinass – Route des Crêtes
Postal code	48160
City	Ventalon en cévennes
Country	France
Phone number	+33 (0)7 66 85 79 81
Email address	culture-jeunesse@epidemains.org
Website	<a href="http://www.lerelaisdelespinas.org">www.lerelaisdelespinas.org</a>

**Association EPI DE MAINS**  
Le Relais de l'Espinass – RD35 – Route des Crêtes  
48160 Ventalon en Cévennes  
[epidemains@yahoo.fr](mailto:epidemains@yahoo.fr) – 07 83 66 32 35  
[www.lerelaisdelespinas.org](http://www.lerelaisdelespinas.org) Facebook : Epidemains Espinas